



Dare to Ask

Complexity: Medium

Time required: 5-10 minutes to explain and min. 1 hour, 6-12 participants

Material required: a pen and a stack of post-its per participant, timer

References: invented by the people of Durf te vragen <https://www.durftevragen.com/>

What is it for?

Dare to Ask is designed to show how much is possible as long as you ask the right question(s), in the right way, to the right people. It's based on the assumption and experience that people are willing to help one another. This will bring one closer to the goal she/ he would like to achieve. The only thing one has to do is to tap into the crowd in a certain way. It demonstrates participants that they are surrounded by abundant resources: more than one could have ever imagined.

In this workshop a 'how' question will be answered by fellow participants. Yet, before the asker settles on her/ his question – the crowd will collectively and carefully explore the why behind the how. This is the only way to arrive upon a 'how' question that will really propel the asker into the next steps of her/ his aspirations.

Next to harvesting useful information, participants also take home a sense of belonging and action originating from the capabilities and willingness of others to help her/ him.

How to use it?

A workshop starts with the facilitator explaining the aim and process of Dare to Ask. Part of this explanation is to stress that the how question should elicit action, concrete tips and/ or help.

Depending on the time available (which is decided before starting the workshop) either some of the participants will have their questions answered or all of them will.

Count on 15 minutes per round, one round will provide answers for the question of one participant.

1. The workshop starts with an assignment for all participants:

Action	Time
'Think of something you need, formulate it in a how question and write this 1 question on a post-it.'	3 minutes



2. The next part of the workshop is the round where all other participants clarify and provide input for one question (of one participant); this round can be repeated as often as there is time to do so.

Action	Time
One person shares her/ his question (the 'asker') and explains why this question	2 minutes
Others ask questions to understand the why behind the how, the asker replies very briefly. <i>Only verifying questions are allowed, no suggestions, criticism etc.</i>	5 minutes
The asker gets time to change her/ his how question, if she/he deems this necessary, and reads the final question out loud.	1 minute
Others write on post-its help they know/ can offer – these can comprise names of organizations or approaches/ methods or contact details etc.	5 minutes
The asker receives all post-its and shares a few of the tips. <i>The asker is not allowed to criticize any of these.</i>	1 minute

3. If time is up, wrap up with a brief moment (1-2 minutes) where everyone can express – out loud or in silence – gratitude for what has just happened.

Keep in mind as a facilitator...

- Be sharp on the questions: only how questions are allowed to be brought forward
- Be sharp on help: only clarifying questions to ascertain the 'why'
- Be sharp on the time: to keep momentum
- Be clear: communicate at the start of the workshop how much time, hence how many rounds (thus participants' questions), there is available
- Be open to what happens in the moment: play with the energy that arises